



LAVILLE ELEMENTARY SCHOOL

UPCOMING DATES

January 27th:
PTO Meeting at 3:30 PM

February 14th:
Scheduled eLearning
Day

February 17th:
President's Day - No
School

February 24th:
PTO Meeting at 3:30 PM

March 14th: End of
Quarter 3

March 24th - 28th:
Spring Break; No
School

April 23rd:
Kindergarten Round-
Up

MCKINNIES REALTY TEACHER OF THE MONTH: MISS RACHEL DIGIROLAMO



To be frank, Miss DiGirolamo is amazing and that is why she has been recognized as Teacher of the Month. Day in and day out, Rachel gives her all to make sure LaVille Elementary is doing everything it can to make sure our students are taken care of. As Team Leader of our Title I team, she works tirelessly to identify the academic needs of our students while also providing guidance, strategies, and resources to our staff to support our kids. Even outside of her assigned responsibilities, Rachel's expertise and perspective is sought out for any number of situations and she is always willing to contribute to the problem solving and planning efforts. Her smile and positivity make LaVille a better place!

BUILDING OUR SCHOOL FAMILY

In December, the LaVille Elementary Staff wrapped up the final lesson of our Conscious Discipline professional development journey by learning about the Skill of Consequences, the Power of Intention. See below for some additional information about this topic.

Skill of Consequence, Power of Intention

Mistakes are opportunities to learn. Every conflict is an opportunity to teach.

Natural consequences provide the most effective motivation for changing a behavior. Let children experience the natural consequences of their actions whenever it is safe.

Logical consequences motivate connected children to use skills they already possess. Children must feel connected and be proficient in the skill for logical consequences to work.

“You have a choice. You can choose to (positive skill) and (positive skill), or you can choose to (negative skill) again and (negative consequence). Tell me what will happen if you (negative skill) again.”

If the negative behavior continues, say, “I can see by your actions that you’ve chosen to (negative consequence),” and follow through on the consequence with empathy.

Problem solving motivates children to use their Executive Skills to resolve the issue, like with the Time Machine and P.E.A.C.E. process.



LAVILLE ELEMENTARY SCHOOL

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COUNSELORS

Supporting Student Attendance



Absences 101

Being absent multiple times throughout the school year can significantly (and negatively) impact your child's academic development and social well-being.

One of the most common reasons that elementary children miss school is due to anxiety and not feeling connected to others at school.

This causes a negative cycle, because being absent leads to increased anxiety of being behind and having fewer opportunities to make positive connections.

Chronic absenteeism also impacts a child's attitude about themselves, school, and their future!

Did You Know?

Missing just two days of school each month adds up to 10% of the school year! That is considered habitually truant per Indiana law! We really miss your child when they aren't here!

Being Proactive

- Set a regular bedtime and stick with it!
- Create a morning routine for school days
- talk with your child about things they enjoy at school and what they look forward to
- Think through what is "too sick to go to school" vs. "not feeling great but can still go"



LAVILLE ELEMENTARY SCHOOL COUNSELORS

Supporting Student Attendance

If your child is refusing to go..

Listen and validate their feelings. Ask open-ended questions to identify the source of the problem, like “I can tell you’re really upset about going to school. What is making this hard for you right now?” Involve your child in problem-solving strategies or connect to the teacher or counselor! Consistently reinforce the importance of regular school attendance and provide encouragement by celebrating small wins with praise or even a reward!



SUPPORT

Our goal is to partner with parents and caregivers to support regular school attendance.

We understand that life can be unpredictable and sometimes absences are avoidable.

However, if you are experiencing any barriers to attendance, such as transportation issues, family changes, or health concerns, we may be able to help! Please reach out to us so we can get you the support you need!

LAVILLE ELEMENTARY SCHOOL

PSYCHOLOGIST

Nearly 20-30% of children can be affected by sleep problems, which can often lead to affecting parents' sleep. Children with a diagnosis of ADHD or Autism Spectrum Disorder are more likely to experience sleep difficulties.

Here are some tips that can help establish a healthy night's sleep for your whole household:

- Talk to your child
- Ask your child, without judgment, what is keeping them up at night. Keep them involved in the problem solving process.
- Take an active role in your child's sleep routine and schedule, even as they become older, and even on non school nights.
- Set bed and wake times that allow for sufficient sleep for your child's age.
- Keep consistent bedtimes with an established bedtime routine.
- Maintain a positive home environment to support your child's well-being
- Encourage your child to fall asleep independently
- Have children use their beds for sleep only
- Eliminate technology in the bedroom
- Wake up at the same time each day
- Adjust the bedroom environment
 - More light or less light (nightlights)
 - More noise or less noise (sound machines)
- Pay attention to eating and drinking habits
- Avoid caffeine
- Avoid high carbohydrate and sugar meals close to bedtime
- Avoid high exercise close to bedtime

Sleep can impact multiple aspects of a student's performances and behaviors, not just at school but at home, as well. If sleep issues are persistent, intensifying, or impacting the child's daily life, don't hesitate to ask for professional help.

Source:

PERFECT, M. M., & FRYE, S. S. (2018). Sleep Problems: Helping Handout for Home. NASP: National Association of School Psychologists. <https://apps.nasponline.org/search-results.aspx?q=sleep>

LAVILLE ELEMENTARY

SPECIALS TEAM

STEAM

In STEAM Class grades 2nd - 6th were introduced to the IN Academic Standards for Computer Science. We have also began learning about Intellectual Properties, Computational Thinking, and TinkerCad. Robotics are coming soon for some grades!! Kindergarten began learning about Forces. In 1st and 2nd grade we are continuing with Coding but PLTW Modules starting soon. And most important STEAM FUN Fridays are BACK!!



Just a reminder to send shoes with your students on PE days. Boots are great for outside but not for indoor activities.



4th and 5th grader are working on watercolor techniques with color theory while finishing their one-point perspectives projects. 6th grade is beginning their unit on ceramics. Kindergarten - 3rd grade is learning and reviewing elements of art with various projects and classroom activities.



Your paragraph to The 1st grade concert will take place on January 30th at 6pm. We are performing songs along with the storybook The Snowy Day by Ezra Jack Keats.

Attention 4th/5th grade families! Recorder Club auditions will come out this month. Please be on the lookout if your student is interested in joining us this year!

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Kindergarteners are moving from character connections to focusing on the setting in a story and how to draw where our characters are.

First graders are also focusing hard on the setting of stories while also working on problem and solution; how we find them and how to write and draw our own.

Our second graders are breaking stories down into three sections; beginning, middle, and end. We are figuring out what goes in each of these sections and why they are important.

Third grade will soon be learning how to find credible sources to answer our questions as we continue to work on problems and solutions in stories. This will mean looking up information in books as well as using our computers and learning what makes a website a good source of information.

Fourth and fifth graders are exploring different genres of fiction, what elements are needed to be classified as historical fiction, science fiction, realistic fiction, etc. We are then taking that information and using it to create our own stories to match our genre of the week. These stories will be done on their Library Google Classrooms and I encourage you to check out their creativity and hard work!

The 6th grade class is sponsoring a Valentine's sale! You can send someone a Valentine for \$1.00 per item. Slips will be available in the office. They will also be sold during student lunch hours on 1/31, 2/4, 2/6, 2/7, 2/10, 2/11, and 2/12.

All proceeds from the sale will go to 6th grade end of the year activities

6th Grade Valentine's Sale

\$1



**Delivered
2/13**

**Mini Bear, Chocolate,
Water Bottle Sticker, or
Rose Pen**

**On Sale in the cafeteria
1/31, 2/4, 2/6, 2/7,
2/10, 2/11, & 2/12
during students lunch hour.**