

# LAVILLE ELEMENTARY SCHOOL

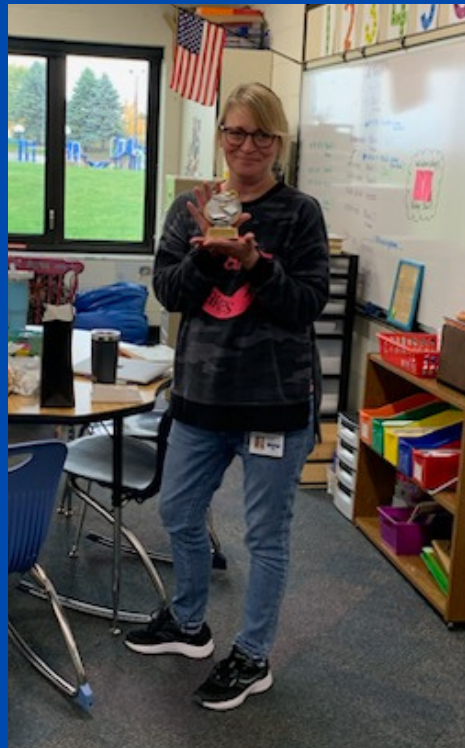
NOVEMBER 2023

## McKinnies Realty Teacher of the Month

Congratulations to our very own Alex Remble on being named McKinnies Realty Teacher of the Month for October!

Alex goes above and beyond for her students and we lucky to have her!

Congrats Mrs. Remble!



## UPCOMING EVENTS

NOVEMBER 1ST:

WACKY WEDNESDAY -  
TWIN DAY

NOVEMBER 15TH:

WACKY WEDNESDAY -  
FARMER DAY

NOVEMBER 16TH & 17TH:

GOODIES WITH  
GRANDPARENTS

NOVEMBER 22ND - 24TH:

THANKSGIVING BREAK

NOVEMBER 29TH:

WACKY WEDNESDAY -  
CAMO DAY



**LAVILLE FAMILIES,**

**THANK YOU FOR YOUR CONTINUED SUPPORT AS WE KEEP ON MOVING THROUGH THIS SCHOOL YEAR! PLEASE SEE BELOW FOR SOME IMPORTANT ANNOUNCEMENTS! WE APPRECIATE YOU!**

**MR. MARTINEZ AND MR. KACZYNSKI**



### **K-2 DYSLEXIA INFORMATION**

**PER INDIANA CODE 20-35.5, ALL INDIANA SCHOOLS ARE REQUIRED TO ADMINISTER A UNIVERSAL SCREENER FOR LEARNING CHARACTERISTICS RELATED TO DYSLEXIA WITHIN THE FIRST 90 DAYS OF SCHOOL. ALL STUDENTS IN GRADES KINDERGARTEN THROUGH SECOND GRADE ARE ASSESSED.**

**THE LETTER WILL CONTAIN INFORMATION FOR FAMILIES REGARDING THEIR STUDENTS RESULTS OF THE UNIVERSAL SCREENER.**

**PLEASE BE ON THE LOOKOUT FOR THE LETTERS TO COME HOME WITH YOUR STUDENTS ON OR BEFORE MONDAY, NOVEMBER 6TH.**

**IF YOU HAVE ANY QUESTIONS, PLEASE DO NOT HESITATE TO REACH OUT TO MRS. SNYDER, OUR DYSLEXIA COORDINATOR.**

### **WEBSITE SURVEY**

**WE WANT YOUR FEEDBACK!  
PLEASE TAKE A FEW MINUTES TO COMPLETE THIS SURVEY  
ABOUT OUR SCHOOL WEBSITE.**



### **POWERSCHOOL**

**POWERSCHOOL IS THE STUDENT INFORMATION SYSTEM WE USE HERE AT LAVILLE ELEMENTARY SCHOOL. ONE OF THE BENEFITS OF POWERSCHOOL IS THAT IT ALLOWS YOU TO STAY UP TO DATE WITH YOUR STUDENTS ACADEMIC PROGRESS. IF YOU NEED ASSISTANCE ACCESSING POWERSCHOOL, PLEASE CONTACT MRS. ZIELOMSKI IN THE MAIN OFFICE.**



## Supporting Your Child's Sleep

Nearly 20-30% of children can be affected by sleep problems, which can often lead to affecting parents' sleep. Children with a diagnosis of ADHD or Autism Spectrum Disorder are more likely to experience sleep difficulties. Sleep problems are often inevitable at some points in a child's life but they don't have to be longstanding.



Here are some tips that can help establish a healthy night's sleep for your whole household:

- **Talk to your child**
  - Ask your child, without judgment, what is keeping them up at night. Keep them involved in the problem solving process.
- **Take an active role in your child's sleep routine and schedule, even as they become older, and even on non school nights.**
- **Set bed and wake times that allow for sufficient sleep for your child's age.**
- **Keep consistent bedtimes with an established bedtime routine.**
  - Maintain a positive home environment to support your child's well-being
  - Encourage your child to fall asleep independently
  - Have children use their beds for sleep only
- **Eliminate technology in the bedroom**
- **Wake up at the same time each day**
- **Adjust the bedroom environment**
  - More light or less light (nightlights)
  - More noise or less noise (sound machines)
- **Pay attention to eating and drinking habits**
  - Avoid caffeine
  - Avoid high carbohydrate and sugary meals close to bedtime
  - Avoid high exercise close to bedtime

Lack of sleep can have a negative impact on multiple aspects of a student's performances and behaviors, not just at school but at home, as well. If sleep issues are persistent, intensifying, or impacting the child's daily life, don't hesitate to ask for professional help.

Source:

PERFECT, M. M., & FRYE, S. S. (2018). Sleep Problems: Helping Handout for Home. NASP: National Association of School Psychologists.  
<https://apps.nasponline.org/search-results.aspx?q=sleep>



## Bullying Prevention

This month's focus affects the well-being and happiness of our children- bullying prevention. Bullying can have a lasting impact on a child's self-esteem, academic performance, and overall emotional well-being. As parents and guardians, you play a crucial role in supporting our efforts to nurture a culture of kindness and respect. Here are three tips on how you can actively contribute to to bullying prevention.

1. **Encourage Open Communication:** Create a non-judgmental space where they can freely express their concerns, fears, and instances of bullying they witness or encounter. This empowers your child and emphasizes that their voice matters.
2. **Teach Empathy and Inclusivity:** In today's diverse world, nurturing empathy and inclusivity is essential. Foster these values within your family by promoting understanding and appreciation for individual differences. Teach them the importance of standing up for those who are being treated unfairly and help them develop the skills to resolve conflicts peacefully.
3. **Collaborate with the School:** Building a strong partnership between parents and the school is instrumental in addressing and preventing bullying. By working together with teachers, administrators, and other parents, we can create a united front against bullying and establish a supportive network for our children.

Remember, bullying has a legal definition according to the state of Indiana. We use a bully report form and investigate every instance that is reported. Bullying requires a collective effort from all stakeholders within our school community. By actively engaging in these tips, we can create a safe and nurturing environment where our children can thrive academically, socially, and emotionally.

### Thanksgiving and Christmas Help:

Applications for Thanksgiving and Christmas assistance are available in the office. Stop by and fill out an application. First come, first serve based on needs. Meals for Thanksgiving will be available November 17th, 20th and 21st. Christmas Applications are due by Nov. 21

Thank you to **Purdue University** for gifting us with the Second Step Bullying Prevention Units. We will begin these research based lessons with our students this month.

### PLEASE REACH OUT!

**Amber Lawmaster - K, 1, 3, 5**  
**Kari Hovermale - K, 2, 4, 6**

**574-784-8051**





We want to thank everyone that placed a Rise and Roll order to support our school and organizations!

Orders can be picked up on November 16, 2023 starting at 4:00pm.

Pick up is in the cafeteria. If possible please bring boxes to carry out your items. Some orders are very large and won't be able to be carried by hand.

Orders will be under the students name. If you have any questions please contact the office.



On October 26 the cafeteria celebrated Farm to School by participating in the "Great Lakes Apple Crunch!" We joined students from Minnesota, Wisconsin, Ohio, Illinois, Michigan and Indiana by crunching and munching on fresh apple slices at lunch!

November 20th will be our Thanksgiving Feast with Chicken Drumsticks, Mashed Potatoes & Gravy, Corn, Oatmeal Cream Pie (think Little Debbie!), Applesauce or Raisins and Milk.

The Cafeteria Staff wishes everyone a Happy Thanksgiving!

Cindy Hanson  
Food Service Director

Click [here](#) for Breakfast and Lunch Menus





# Snow Requirements

The snow has officially arrived!

LaVille Elementary will go outside to recess if the “feels like” temperature is above 15 degrees. If there is snow on the ground, the students still go outside. We allow playing in snow. To play in the snow, they have to wear the proper equipment. Below is a list of required snow gear. If a student is missing any item, they will not be allowed to play in the snow. If they don't have required gear they will be allowed to play on the blacktop only.

Winter Hat  
Winter Gloves  
Winter Coat  
Snowpants  
Snow Boots



The Mentor Program is back! We will be having our first event November 10th from 3:15-5:00. We will be having a scavenger hunt and surprise pizza party. If your student is a part of the mentor program, please make sure you have transportation for 5:00.

